



# "Making Waves"

## Discounted Summer Swimming Activities

Learn-to-swim lessons or competitive swimming, diving, synchronized swimming & water polo teams all at City of Mesa Pools for those who qualify for the free lunch program.

#### Sign-ups are coming soon!

When: Saturday May 30, June 13, June 22, and July 11

Time: KINO 7am - 9am, CARSON 10am - 12pm

Where: At Kino Aquatic Center and Carson Aquatic Complex Cost: \$5 for swimming lessons, \$10 for competitive team.

Who: Those children who qualify under federal income standards for

Free Lunch. When signing up, parents need to provide proof that

they are Mesa residents and their child is on the Free Lunch Program,

or they receive Federal Cash Assistance.

Information: Call 480-644-4951

Fee assistance application must be completed, submitted and approved by the parks office prior to registration Application and other information can be found at http://www.mesaaz.gov/parksrec/TimeOut/howtoreg.aspx

## Classes & Teams Offered

Learn-to-swim lessons run in four, 2-week sessions

**Session 1** (June 1 - June 11)

**Session 2** (June 15 – June 25)

Session 3 (June 29 - July 9)

Session 4 (July 13 - July 23)

Classes meet for 30 minutes Monday through Thursday.

- Class times are: 10am., 10:35am., 11:10am., 11:45am.
- Night classes offered at Carson
- Lessons available for all ages.
- Sports teams practice M-TH in the mornings for 8 weeks.
- Team ages 6yrs to 17yrs.
- Water polo team practices M-W-F in the afternoon.
- Season runs June 1st through July 23rd.







#### Friday Night May 29 4pm - 7pm

Come to the pool & learn about water safety as a family

- · Games, prizes, and swimming
- Emergency vehicles (fire truck and ambulance) on display
- Information on the ABC's of water safety:
  - o A Adult Supervision
- o B Barriers
- o C Classes Swim & CPR

#### FREE ADMISSION!

CARSON/WESTWOOD AQUATIC COMPLEX

525 N. Westwood

